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The Alignment Check

A self-paced diagnostic workshop for leaders who need to move faster — and want to understand why they aren't.

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WHAT THIS IS

AI is not here to erase the people who know your work best. It is here to give those people room to think again.

Most AI adoption fails the same way. Teams jump to tools before they name what is actually costing them. They automate tasks before they understand the decisions underneath those tasks. They track adoption instead of outcomes. The result is more output, less judgment, and a team that is busier than ever but moving no faster.

The Alignment Check starts somewhere else. Before any tool. Before any rollout plan. It starts with your time, your decisions, and your team — and asks the three questions that most AI initiatives skip entirely.

PURPOSE	PEOPLE	PROCESS
Are we clear on why this matters — and what outcome we are actually moving toward?	Are the right people aligned, supported, and operating with the clarity they need?	Does the structure we have actually support the work — or is it working against it?

These are not rhetorical questions. They are diagnostic. The workshop is built to make you answer them with your own data — not with guesses about how your team should work, but with an honest record of how it actually does.

WHAT THIS IS NOT

This matters, because most things called an 'AI workshop' are one of three things: a tool demo, a prompting tutorial, or a two-hour slide presentation about why your industry is being disrupted. None of those produce

behavior change. None of them answer the question a manager actually has at 2 p.m. on a Tuesday.

NOT this	Why it matters
A video course	There is no passive consumption in this workshop. You are the one doing the work — your calendar, your decisions, your team. Jonathan's voice frames the exercises. You supply the content.
A prompting tutorial	Teaching people to write better prompts does not change how they make decisions. Decision quality is what determines whether AI adoption compounds or stalls.
A Notion template bundle	Templates do not produce insight. The Participant Workbook is a structured thinking document — not a set of assets to copy and paste.
A self-assessment quiz	A quiz tells you where you might be. Three days of honest task tracking, followed by a structured debrief of what you actually find, tells you where you are.

THE FIVE MODULES

The workshop follows a single arc across five modules: you look at your work honestly, name what is costing you, understand the decisions underneath the drain, and commit to one specific behavior shift for the next seven days — with a 90-day plan behind it.

01 The Purposeful Opening

Time: 20–30 min

Why you are here. The frame: Decision Velocity over tool fluency. What 'expansion, not erasure' actually means for your team. Ends with the single most important question this workshop asks: what would your team be doing if they had more room to think?

02 The Drain Audit

Time: 10 min/day × 3 days + 30 min synthesis

The 72-Hour Task Audit. For three working days, you capture every task that takes more than ten minutes. Purpose, time, and one question: did this move a decision forward? After three days, you return and name three drains. Each drain is located in Purpose, People, or Process.

03 The Decision Map

Time: 45–60 min

You take one real decision you own and map it end to end: trigger, sense, frame, choose, commit. The exercise reveals where velocity leaks — where the decision stalls, gets handed off prematurely, or never quite gets made. Three silence moments are built into this module.

04 The Friction Stack

Time: 45–60 min

Score 8–10 workflows on the AI Absorbability Triad: Think, Listen, Apply. Stack the top three by friction. Pick one to pilot first. This is the module that produces the specific, actionable answer to 'where do we actually start?'

05 90-Day Momentum

Time: 30–45 min

Your Growth Point: one thing to unlearn this week, one small movement to guide. Then the 90-day arc — three checkpoints with one behavior shift written at the top. The module ends with a Calendly link for anyone ready to move into a facilitated engagement.

WHAT YOU RECEIVE

Item	Description
Five-Module Portal Access	Password-protected web portal. Works in any browser. No app, no account required. Access is yours to keep.
Participant Workbook PDF	A printable working document. Every exercise in the portal maps to a page in the workbook. Designed to be written in, returned to, and marked up over 90 days.
Suggested 6-Day Cadence	A recommended sequence for completing the workshop in one week without disrupting your schedule. Total active time: 5–6 hours across 6 days.
90-Day Momentum Plan	A one-page arc with three checkpoints and a behavior shift written in your own words. Built in Module 5 and designed for a Friday review habit.

WHO THIS IS FOR

Leaders and managers in organizations of 20–200 people who own a team and own how that team makes decisions. Not the executive making the tool purchase decision — the person who has to translate AI adoption into something that actually changes how work gets done on their floor.

Specifically: people whose AI Readiness Assessment identified Decision Architecture, Process & Workflow, or Talent & Capability as the primary gap. The Alignment Check addresses all three — starting with the question those dimensions share: what does my team's actual work look like right now?

HOW IT FITS THE ENGAGEMENT

Layer 1	Layer 2	Layer 3
AI Readiness Assessment (Free or paid)	The Alignment Check \$97	Consulting Engagement \$2,500+
Diagnostic. Identifies where the gaps are across five dimensions.	Diagnostic + action. Translates the assessment findings into a specific behavior shift this week — and a 90-day plan behind it.	Facilitated. Culture & Learning Audit, advisory, or implementation. Org-level change with Jonathan working alongside the team.

THE INVESTMENT

The Alignment Check		\$97
Five-module portal access + Participant Workbook PDF + 90-day plan	<i>One-time purchase. No subscription. No upsell on checkout.</i>	One time

Ready to begin? Access The Alignment Check at alignment-check.learnwithmaydwell.com. Questions first? Book a 15-minute conversation at learnwithmaydwell.com.